

**SERVICES AVAILABLE THROUGH
 WAIANAЕ COAST COMPREHENSIVE HEALTH CENTER (WCCHC): *shaded boxes*
 OTHER COMMUNITY RESOURCES: *unshaded boxes*
 (Updated 7-2-2019)**

TOPIC AREA	SERVICE RESOURCE	CONTACT
Adoption Services	Adoption Help	1-800-637-7999
	Catholic Charities	527-4680
	Hawaii Adoption Services	1-800-923-6784
Asthma Education	WCCHC Asthma Intervention Program assists patients in identifying possible asthma triggers and preventive measures to decrease the incidence of asthma episodes as well as medication management.	697-3599
Breastfeeding	WCCHC Women, Infants, and Children (WIC) supplemental nutrition program. Participants must be pregnant, breast-feeding or postpartum women; or infants and children under age five, who meet income guidelines and have a medical or nutritional risk. Services available in Waianae and Ewa.	697-3504
	Breastfeeding Hawaii	breastfeedinghawaiicoalition@gmail.com
	Hawaii Mothers Milk Inc. (Information on breastfeeding)	949-1723
	La Leche League (Leeward)	672-5789
Child Care	Child Care Connection – Child Care Subsidies (Nanakuli Unit)	483-7340
	HCAP Head Start	847-2400
	PACT Hawaii	842-5996
	Parent – Child Interactive Playmornings (Nanakuli, Waianae, Maili)	259-0177
	PATCH	839-1988
	Preschool Open Doors – Preschool Subsidies	587-5254
	Tiny Tots Program (Parks and Rec., ages 3-5) Pearl City to Waianae	671-0561
Child Development	PARENTS Inc. Hawaii	235-0255
Crisis Services	Adult Mental Health – 24 hour Access Line	832-3100
	Child Welfare/Protective Services	832-5300
	Domestic Violence Action Center Legal Helpline	531-3771
	Domestic Violence Drop-in Center	585-7944
	Domestic Violence Hotline (Town/Leeward)	24-hour Hotline: 841-0822
	Hawaii’s Homeless Women and Children	524-8855
	Sex Abuse Treatment Center	535-7600
	Shelter and Crisis Lines for Family Violence	841-0822
Dental	WCCHC Dental provided to adults and children at main health center in Waianae and through a school-based site at Kamaile Academy in Waianae.	697-3496
Diabetes	WCCHC screening, intervention, management and group support offered at the main clinic in Waianae and satellite clinics in Nanakuli, Kapolei and Waipahu.	Main Campus: 697-3237 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	WCCHC health education classes for patients managing diabetes. Various locations/dates/times available.	Main Campus: 697-3237 Nanakuli: 697-3900 Kapolei: 697-3800

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Elderly Services	Adult Protective Services	832-5115
	Alu Like Ke Ola Pono No Nā Kūpuna	535-6700
	Catholic Charities – Housing Assistance (60 & older)	595-0077
	Kulaokahua – Transitional Housing of the Elderly	522-8175
	Senior Help Line	768-7700
Emergency Services	WCCHC 24-hour emergency medical services Located at main health center at 86-260 Farrington Highway, Waianae	697-3300
	Poison Center	941-4411 or 1-800-222-1222
	Police, Fire and Ambulance	911
	Suicide and Crisis Center (24 hours)	832-3100 or 1-800-784-2433
Exercise/Physical Activity	WCCHC Fitness Center at the main clinic in Waianae offers a variety of fitness classes free to patients and \$1 per class for non-patients.	697-3558
	WCCHC individual fitness training free to patients at main campus Fitness Center.	697-3558
	WCCHC’s Ohana Fit online program offers free access to fitness and health education material 24 hours a day, 7 days a week, whenever and wherever it is most convenient for you.	www.ohanafit.org
Falls Prevention	Child & Family Service Gerontology Program	543-8468
Family Planning	WCCHC individual and group education is provided at all clinic sites covering pregnancy prevention, birth control, and STD information.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	WCCHC Family Planning Outreach Program	697-3453
	WCCHC Women’s Health	697-3480
Farmers Markets	WCCHC offers three Makeke (farmers & green markets): Waianae Mall (Saturdays 8am – noon), WCCHC Main Campus “Mini Market” (Tuesdays, 9am – noon), and Nanakuli Library (opening August 8, 2019 – Thursdays, 3:30 – 7pm)	697-3709
Health Care	WCCHC Serves Leeward and Central Oahu through a main clinic in Waianae and satellite clinics in Waianae Mall, Nanakuli, Kapolei and Waipahu as well as School-Based Health Centers at Waianae High, Waianae Intermediate and Nanakuli High & Intermediate Schools. Services provided include (in alphabetical order): Adolescent Health, Behavioral Health, Case Management, Dental, Diabetes Intervention, Emergency Room (open 24 hours, 365 days a year), Family Planning, Fitness Gym and Programs, Health Education, Health Professions Career Training, Health Emergency Liaison Program, Homeless Outreach, Imaging, Institutional Review Board for Research, Integrative Weight Management Program, KWIC Walk-in Clinics, Laboratory), Makeke Farmers & Green Markets), Native Hawaiian Healing, Nutrition Counseling, Pain Management, Patient Assistance Services, Perinatal Case	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888

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Health Care (continued)	Management, Pharmacy (Waianae & Kapolei), Primary Care Clinics: (Adult Medicine, Family Practice, Pediatrics, Women’s Health), Mammography, Restaurant, School-Based Health Centers (Waianae High, Waianae Intermediate & Nanakuli High & Intermediate Schools), Specialists (Cardiology, Dermatology, Endocrinology, General Surgery, Nephrology, Obstetrics/Gynecology, Orthopedics, Ophthalmology, Optometry, Podiatry), Substance Abuse Treatment, Tobacco Cessation, Transportation, Vision Care, Women, Infants and Children Program (WIC).	
HIV/STD Services	WCCHC offers testing, treatment and counseling at all clinic sites.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	Diamond Head Health Center	733-9281
	Life Foundation	521-2437
Homeless	WCCHC Homeless Outreach Program	697-3586
	Catholic Charities Intake – Information and Referral	521-4357
	Hale Ulu Pono	682-4466
	Homeless Situations – Transitional Housing	973-0600
	Housing and Community Development Corporation of Hawaii (HCDCH) Housing applications and Rent subsidy	832-5960
	Institute for Human Services (Men)	537-2724
	Institute for Human Services (Women)	845-7052
	Kealahou West Oahu Outreach Program	696-5667
	Kumuhonua Transitional Living Center (Kalaeloa)	682-5494
	Lighthouse Shelter	680-0833
	Ma’ili Land Transitional Shelter	696-4885
	Next Step Shelter	922-4790
	Ohana Ola O Kahumanu Transitional Shelter	696-4039
	Onelau’ena (Hope for a New Beginning)	861-0072
	Onemalu Transitional Shelter	682-3869
	Pai’olu Kai’aulu (Waianae Civic Center)	696-6770
Section 8 Rental Assistance Program	523-4266	
Ulu Ke Kukui	620-9011	
Hospice Care	Bristol Hospice Hawaii, LLC	536-8012
	Hospice Hawaii	924-9225
	Islands Hospice	550-2552
	St. Francis Hospice	595-7566
Intimate Partner Violence	Catholic Charities	521-HELP (4357)
	Child and Family Service – Domestic Violence Hotline	24-hour Hotline: 841-0822
	Child Welfare/Protective Services	832-5300
	Domestic Violence Action Center (DVAC) – O’ahu	531-3771
	Domestic Violence Drop-in Centers	24-hour Hotline: 526-2200

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Intimate Partner Violence (continued)	(Ohia Shelter – 24 hour hotline)	
	Domestic Violence Drop-in Centers (Pu'uhonua Crisis Counseling)	585-7944
	Family Peace Center	832-0855
	Sex Abuse Treatment Center	24-hour Hotline: 524-7273
	Temporary Restraining Order Division (TRO)	538-5959
Meal support	WCCHC Health Promotions Department offers several meal support programs including Keiki Food Pantries at four Waianae Coast schools and other food distribution events. Call for details.	697-3709
	WCCHC Homeless Outreach Program (provides monthly calendar of Food Banks on Leeward Coast)	697-3586
	Ask Aloha United Way – Referral to pantries in your area	257-2000
	Food Stamps (Leeward Oahu)	697-7147
	Hawaii Food Bank	836-3600
	Hawaii Meals on Wheels	988-6747
	Honolulu Community Action Programs (HCAP) Leeward District	696-4261
	Lanakila Meals on Wheels	531-0555
Salvation Army (Family Services Office) Leeward Corps	487-1636	
Mental health	WCCHC Behavioral Health services for adults, children and adolescents on the main campus, Waipahu, Kapolei, and Ewa. www.wcchc.com/BH	Main Campus: 697-3469 Main Campus Mawaena Kai: 697-3268 Main Campus Adult Med: 697-3525) Waipahu: 697-3839 Kapolei: 697-3656 Ewa: 697-3281
	Hawaii State Department of Health Adult Mental Health Division 24-hour Suicide and Crisis Line (Oahu)	24-Hour Hotline: 832-3100
	Hawaii State Department of Health Child & Adolescent Mental Health Division – Leeward, Oahu Family Guidance Center	692-7700
Noncommercial health insurance options	WCCHC Patient Assistance Services Eligibility Coordinators help patients complete applications for the State Medicaid, Medicare Part D, State Pharmacy Assistance Program, Immigrant Health Initiative, Sliding Fee Scale, etc.	697-3403
	Med-QUEST – Low Income Health Insurance (Kapolei)	692-7364
Nutrition	WCCHC dietitians, including certified diabetes educators and a certified herbalist, are available at the main clinic in Waianae and satellite clinics in Nanakuli, Kapolei and Waipahu to assist patients in achieving better health.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	WCCHC Women, Infants, and Children (WIC) supplemental nutrition program. Participants must be pregnant, breast-feeding or postpartum women; or infants and children under age five, who meet income guidelines and have a medical or nutritional risk. Services available in Waianae and Ewa.	697-3504

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Obtaining Prescription Medications	WCCHC onsite pharmacies are a local, nonprofit option on the main campus and in Kapolei offering convenient prescription filling/refills and medication therapy management counseling by licensed pharmacists. Sliding Fee Scale available. www.wcchc.com/Services/Pharmacy	Main Campus: 697-3438 Kapolei: 697-3784
Parenting	PACT Hawaii – Parent education/child development activities ages 0-3, for low income families	842-5996
	Families for R.E.A.L. – Classes for families & children (Leeward)	453-6478
	Good Beginnings Alliance – Parents and community councils supporting families with young children	531-5502
	Healthy Start Information and Referral	535-7660
	Parents Inc. Hawaii	235-0255
	Parent Line	526-1222
	Pulama I Na Keiki (Alu Like) – Home-based and small group education for families of Hawaii children prenatal – 5years (Leeward)	674-8409
	Queen Lili'uokalani Children's Center – Services for Hawaiian orphan or destitute children (Ewa, Waianae)	668-2314
Perinatal Support Services	WCCHC offers prenatal care including free prenatal classes, outreach, education and social support services.	697-3594
Respite Care	Respite Child Care Programs – Time out from parenting for families under stress (Waianae – Hawaii Family Services)	696-3482
Substance Abuse Treatment	WCCHC Malama Recovery Services (Hale Kealaokekoa)	697-3722
	Drug Addiction Services of Hawaii	538-0704
	Hina Mauka	236-2600
	Ho'okaulike	696-4212
	Hoola	696-7324
	Ho'omau Ke Ola	696-4266
	Salvation Army – Addiction Treatment Services	595-6371
	Salvation Army – Women's Way	732-2802
	WCCHC Malama Recovery Services	697-3722
Tobacco Cessation	WCCHC individual and group sessions, case management and outreach. Covers all tobacco products including e-cigs.	697-3599
Transportation to medical appointments	WCCHC free transportation provided for health center patients to and from the main campus and Nanakuli clinics.	697-3450
	Catholic Charities	524-4777
	Logisticare Hawaii (Transportation paid for by insurance)	866-475-5744
	The Handi-Van	538-0033
	The Bus	848-4500
Weight Management	WCCHC dietitians, including certified diabetes educators and a certified herbalist, are available at the main clinic in Waianae and satellite clinics in Nanakuli, Kapolei and Waipahu to assist patients in achieving better health.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888

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W.I.C (Women, Infant, Children)	WCCHC Women, Infants, and Children (WIC) supplemental nutrition program. Participants must be pregnant, breast-feeding or postpartum women; or infants and children under age five, who meet income guidelines and have a medical or nutritional risk. Services available in Waianae and Ewa.	697-3504
Youth Health Corps	WCCHC's Youth Health Corps for Waianae and Nanakuli High School students is designed to increase awareness of health issues, involve participants in community education, assist them in learning new skills, provide them with support to access higher learning opportunities and introduce them to career opportunities in the healthcare professions. Fall, spring and summer sessions are available.	Nancy Frazier: 697-3506